Post-Stroke Spasticity: A Case-Based Series

Part One: Upper Limb Post-Stroke Spasticity
Evidence and Opportunities
Stroke Clinical Updates

Accreditation for this activity has expired. This activity is for informational purposes.

This activity is jointly provided by Medical Education Resources and National Stroke Association.

The Program
Stroke is the leading cause of long term adult disability. Each year in the United States about 610,000 people experience their first stroke and 185,000 people have a recurrent stroke affecting approximately 795,000 people each year in the United States. Two-thirds of stroke survivors struggle with moderate to severe disability.

Goals and Learning Objectives
The goal of the Post-Stroke Spasticity: A Case-Based Series Stroke Clinical Updates activity is to increase clinician knowledge, diagnosis, and treatment of post-stroke spasticity.

As a result of this activity, the participant should be better able to:
- Discuss the functional impact of post-stroke spasticity on recovery and rehabilitation
- Apply evidence-based knowledge to diagnose and assess post-stroke spasticity
- Identify evidence-based management strategies for post-stroke spasticity
- Describe how to incorporate new knowledge and expertise around diagnosis and management of post-stroke spasticity into their respective clinical practice

Target Audience
The target audience for this series is designed for rehabilitation physicians and nurses, rehabilitation therapists including occupational and physical therapists, hospitalists, stroke coordinators, residents and medical students. It may also include other stroke team members such as neurologists and neurosurgeons.

For questions regarding this activity, please contact National Stroke Association at professionaled@stroke.org.

Participation
This nonaccredited activity is designed for individual viewing. The post-test and evaluation are electronic and can only be completed by an individual after reading the journal article. There are no fees for participating in and receiving credit for this activity.
Faculty
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Chairman and Associate Professor
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Faculty Disclosures
The faculty reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

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<tr>
<th>Name of Faculty</th>
<th>Reported Financial Relationship</th>
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<tr>
<td>Richard Zorowitz, MD</td>
<td>Consultant Allergan, Inc.; Avanir Pharmaceuticals; Medergy HealthGroup</td>
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The content managers reported the following financial relationships with commercial interests whose products or services may be mentioned in this activity:

Michelle Murdock, Consultant, no financial relationship to disclose
Veronda K. Smith, FNP-BC, from MER has no financial relationships to disclose

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**System requirements:**

Macintosh®-based attendees—Required: Mac OS X 10.4 (Tiger®) or newer.

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